

The Nature of Money - Appreciate it

Financial Flow

In his book *Busting Loose from the Money Game* Robert Scheinfeld describes a typical monetary transaction. You walk into a shop, the salesperson gives you what you've asked for. You hand over some money and say thank you. They say thank you and you leave. If, as he says, you take money out of that scenario, what's left? Money is simply a symbolic thank you for an exchange of energy. It represents a universal energy which the person receiving can then convert into whatever they need.



I know it's a challenging concept when we're being asked to believe in lack and our shadow side around money is being played out so dramatically in the outer world, but perhaps that makes it more important to remember.

How much gratitude are you open to receiving?

When we're spending money we're expressing appreciation and gratitude. This is easy to express for people or products which we feel have served us. It might feel harder to do when we're paying our taxes, insurance or car repairs. However, the principle applies. Despite their imperfections, all these services are there for our use and if we're being served by them we need to say thank you. Feeling resentful, fearful or begrudging when we pay for things feeds straight back to us energetically. The Universe figures that if that is how we feel about money then we obviously don't want it!

How much gratitude do you express?

What money messages do you send out? How much appreciation do you allow people to express to you in the form of money, whether it's your employer, your loved ones or your clients? Do you do lots of unpaid -unappreciated - overtime? Where do you spend your money, aside from basic needs, i.e. what do you appreciate most? Material things? Experiences? Learning? Building a future? Coping with the past?

We are mostly water - and water shows us this truth

Masaru Emoto did some wonderful experiments exposing words and music to water. The crystals which formed accurately reflected the energy of the words or music. (See the one produced by heavy metal on the link below!) The crystal formed through exposure to the word love was stunning, but the one exposed to gratitude was even more so. He maintains that the 2:1 ratio of H₂O in water is best mirrored in our lives by a 2:1 ratio of expressing gratitude to love. Gratitude opens our heart, allowing us to give and receive at the same time.

Click here to view crystal photos: http://www.bariumblues.com/conscious_water_crystals.htm

Increase your money flow - let it appreciate!

Once you make this connection, you know how to release the feeling of money lack - do what your money is hopefully doing - spend time appreciating! The energy of appreciation of yourself and others will allow it to flow through your life and you'll make appreciative choices about what you spend it on.

Tip: Try writing Thank You on the back of every cheque - it really helps!

Helpful Essences For Financial Flow

Essences to support this process are:

- Agapanthus
- Blueberry
- Cedar
- Morning Glory
- Pot of Gold (Pictured above)

I love helping people with soul issues. If you'd like to discuss a consultation or any other kind of soul support, just call 01273 77 33 24 on Mondays, Tuesdays or Thursdays.

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