

Almond

Freedom to Blossom



- ☒ Esoterically speaking, almond developed when we began to apply the power of our will, rather than staying in the universal flow. This encouraged internal tension and symptoms of stress, as we became more out of sync with our environment. Almond helps the correct use of will.
- ☒ Almond essence brings mental maturity, helping us to face and resolve unconscious fears, particularly a fear of ageing and any fear you experience constantly.
- ☒ It strengthens the etheric body and the subtle energy system relating to growth.
- ☒ A gentle but very deep essence, it helps you see that everything you need is inside you.
- ☒ It is an extremely supportive essence if you're nervous of starting along a new path.
- ☒ Almond helps us detach from past difficulties and patterns, showing us a fresh way forward.
- ☒ It connects us with our soul and its teachings.
- ☒ It challenges us, because past beliefs are oddly attractive - even though we know they restrict us.
- ☒ As we shed familiar identities we live less and less in reaction to our past.
- ☒ We gain a sense of self worth so that we're unaffected by others who may feel threatened by our changing personality.
- ☒ We begin to rely on our intuition and to understand what is intuitive guidance and what are the promptings of our ego, so that we gain in confidence and make decisions more easily.
- ☒ Almond enables us to step out of emotion and see how our patterns originated. It also gives insight into the gifts we gained during past difficulties.
- ☒ In common with many spring essences Almond is gentle. It encourages us as we take our new direction with love and compassion - not asking us to go faster than is safe or comfortable.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Finding Perspective blend:

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Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.