

Basil

Integrating Sexuality and Spirituality

Releasing Grief



- ☒ Works on heart and throat chakra.
- ☒ Brings clearance to deep grief, allowing it expression.
- ☒ Sweet Basil is a religious herb associated with both Krishna and Vishnu. Hindus grow this herb to provide protection for the home and family.
- ☒ Basil is known for its quality of protecting the seeker from fears that we encounter when moving along a spiritual path and may bring protection to the seeker and their family as well.
- ☒ Any person in need of courage will benefit from Basil as it builds strength and helps us move forward in a positive manner.
- ☒ The soul in need of Basil tends to polarize and separate the experience of spirituality and sexuality, believing that these cannot be integrated. This affliction is most evident in relationships where there is a compulsive need to seek sexual liaisons outside the main partnership. Quite often sexual activity is associated with that which is secret or sinful. There is also a strong attraction to pornography and other forms of illicit or illegal sexuality.
- ☒ The soul feels great tension between the polarities of spiritual purity and physical sexuality. In the unconscious struggle to reconcile these forces, the soul often capitulates or becomes enmeshed in debasing and dehumanising sexual activity. Once these polarities are brought together as a conscious unity, the soul no longer feels compelled to separate them into opposing and destructive activities.
- ☒ Basil flower essence helps the soul to experience the world and the self as truly sacred and whole.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

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The ['Flower Essence Repertory'](#), by Patricia Kaminsky and Richard Katz

Photo by Alex Drahon

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.