

## Bengal Trumpet Vine

### *Speaking with Confidence*



- ☒ Promotes attunement to Soul energy and purpose.
- ☒ It opens and clears the throat chakra, promotes self confidence and helps speech projection.
- ☒ Trumpet Vine assists soul expression.
- ☒ It helps give confidence so a person can speak his truth fluently and openly communicate without hesitancy among others living on the planet.
- ☒ Orange-Red in colour, the Trumpet Vine is a remedy that activates the vocal cords.
- ☒ It helps to give voice to anyone who has difficulty speaking in a public venue.
- ☒ It also can assist anyone who is interested in channelling.
- ☒ A helpful remedy for anyone suffering from a speech impediment.
- ☒ It can also be used as a tool to help one learn a new language more effectively.
- ☒ For those who feel very shy and timid about speaking out on their own behalf or sharing with others what they would like to do or experience in their lives. Especially if the person feels they will be punished in some way for stating their needs, desires and preferences.
- ☒ This essence is very gentle, helping the person to take smaller baby steps until they feel more comfortable with expressing themselves.
- ☒ This essence can also be very helpful for those who feel that others never hear them, or that others tend to disregard or dismiss what they have to say.
- ☒ Useful Affirmation: *'I feel good about what I have to say, I know it is totally OK for me to share the truth of who I am.'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

#### **Acknowledgement and Thanks**

With acknowledgement and thanks for this information to Crystal Herbs:

[http://www.crystalherbs.com/shop/afttrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/afttrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

Photo by Nikki Wyatt

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.