

Blackberry

Problem Solving, Fertility

Releasing Fear of Death



- ☒ Stimulates dreams and aids meditation – particularly in relation to problem solving.
- ☒ This essence can almost be a liquid meditation.
- ☒ Excellent to take before sleep when higher teachings may be revealed in dreams and if you ask for a solution to problem, it will come to you.
- ☒ Helpful for those with fears of death or dying and bereavement issues.
- ☒ Also for an unusual fear that someone is going to die.
- ☒ It eases depression that can result from the passing of a loved one.
- ☒ Excessive concern with death has a negative effect on the reproductive rate of cells.
- ☒ Fertility and vitality are stimulated.
- ☒ Dormant talents from past-lives may be released.
- ☒ It's useful for those of us who have lots of ideas but struggle to find enough will to bring them into reality, perhaps due to the perceived pain of living.
- ☒ Blackberry helps us harness power and energy, helping us focus on and attain the goal without distraction.
- ☒ For pruning back growth that has roamed uncontrolled in the wrong directions. This essence helps us step back, redefine goals, cut away that which is disruptive or causes a drain on our resources.
- ☒ It helps to clear dark or murky thoughts and self-criticism that we're not doing as much as we think we should and, as a result, to we tend take on too much.
- ☒ It opens the chakra points by the armpits. This chakra helps the body take in orgone energy, which creates more vitality.
- ☒ Useful Affirmation: *'I easily cut back what no longer serves me and thus I easily attract what does'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Pisces-Neptune blend:

<http://www.spiritoftransformation.com/planetaryessences.htm#pisces>

Acknowledgement and Thanks With acknowledgement and thanks for this information to Crystal Herbs:
http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Flower Essences by Gurudas: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading> and

Morningstar Essences: <http://morningstar.netfirms.com/fruit.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.