

Bluebell

Joy, Trust, Spontaneity and Abundance



- ☒ Works in the throat chakra to clear blockages preventing creative expression.
- ☒ Associated with sound therapy, chanting and singing.
- ☒ This is also a remedy for those who are cut off from their feelings or have blocked off their emotions because they are afraid that their feelings of love, joy, etc., are finite or unrenowable.
- ☒ This fear of lack often results in a controlled, rigid and forthright manner and appearance.
- ☒ Bluebell also works with low self esteem, self disgust and feeling guilty, often from childhood conditioning.
- ☒ Bluebell opens the heart to joy and spontaneity and promotes a belief in abundance and universal trust.
- ☒ It is a very helpful remedy in long-term depression when we may feel we are falling apart inside
- ☒ This remedy is also good for young children who won't share their toys and for sibling rivalry.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

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Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.