

Blue Calcite

Soothing, Relaxing – Enlightened Communication



- ☒ Blue Calcite is an excellent support when we need to rest and recover our energies
- ☒ It eases stress and worry, calming the nervous system.
- ☒ It releases negative energies, bringing balance, especially to the throat chakra.
- ☒ It can help those in disagreement to find common ground and mutual understanding.
- ☒ Blue Calcite can absorb and transmute negative energy; returning it to its source.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

The Crystal Bible by Judy Hall: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.