

Bog Pine

Releasing Karmic Guilt



- ☒ Pine overall is an excellent remedy for feelings of guilt and yet Bog Pine is especially helpful for those who experience guilt as an overwhelming and very deep-seated emotion.
- ☒ Often the guilt is a family inheritance that goes back many generations and has increased with each generation that has been unable to work through it and release it.
- ☒ Since feelings of guilt can block an abundant flow of all positive things into our life, it is important to make peace with feelings of guilt in order to move forward.
- ☒ Affirmation: *'I easily release feelings of guilt. This is now part of my past, not my present and future.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Morningstar Essences: <http://morningstar.netfirms.com/floweraf.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.