

Broom

Renewal and Clarity



- ☒ Resolves differences in relationships, particularly those between a parent and a child.
- ☒ It sweeps out all out-moded and unnecessary baggage.
- ☒ It's keynote is renewal and clarity.
- ☒ It allows us to open to the golden light.
- ☒ Broom stimulates mental clarity and concentration.
- ☒ When our thinking is clouded or distracted, we may be hindered in our communication and expression. Broom illuminates the mind and from this brightness frees our intuition and thinking.
- ☒ It offers protection and encourages perseverance.
- ☒ Very helpful for depression.
- ☒ Works in the sinuses.
- ☒ It relates to the energy of Mars and the elements of fire and air.
- ☒ Sometimes known as 'the rescuer's essence', it's excellent for those who offer a shoulder to cry on but who find it hard to accept nurturing and support, as it would mean being vulnerable themselves.
- ☒ A good affirmation when taking this is: *'I release my need to play the rescuer's role and all my relationships are now healthy'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

New Millenium Flower essences: http://www.nmessences.com/healing/broom_h.html

Findhorn Flower Essences: <http://www.ifec.com.au/findhorn.htm>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.