

# Red Champion

*Focus, Soul Wisdom, Realising Our Dreams  
Connection to Universal Love and Guidance*



- ☒ This essence works in the crown chakra and the higher chakras above the crown.
- ☒ It helps us access the universal 'knowing field' to better understand the significance of our dreams. It enables us to understand our soul's journey and gain clarity about our higher purpose for this lifetime.
- ☒ It helps us to set goals and to resist diversions and distractions; to listen to our inner guidance so that we understand how best to spend our time and to focus our attention on what really matters.
- ☒ It helps us forge forward with faith and determination even when our vision seems unachievable.
- ☒ It helps with the issues that can come up around initiation and birth, whether that's a baby, a creative idea or a part of yourself that has never been fully expressed.
- ☒ It's helpful when we feel depleted and empty. It connects our spirit to unconditional, limitless love, reminding us of our pure, divine perfection and allowing us to drink our fill of energy and inspiration.
- ☒ It connects us to the wisdom of the Divine Mother and is very soothing to those of us with past life memories of being singled out and victimised for using our feminine gifts in service to others.
- ☒ It's very helpful when we feel anxious and unable to move forward because of our fears. This essence will help us to feel more firmly anchored on the earth and calm enough to move on again.
- ☒ It brings loving vibrations into situations of conflict, so attitudes soften and solutions can be found.
- ☒ It helps us interrupt negative thought patterns; to develop more positive ways of looking at things.
- ☒ It helps us download inspirational ideas that heighten the vibration of the planet.
- ☒ Useful Affirmation: *'My heart fills with the love and wisdom of the universe. I co-create with joy.'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Higher Chakras blend:**

<http://www.spiritoftransformation.com/chakraessences1.htm#higherchakras>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.