

Cherry

Joy and Creativity

Finding Direction and Finishing Projects



- Helps us focus more on the lighter side of life, to see the humour in things and be able to laugh at our own folly.
- It encourages us to accept greater joy and happiness.
- It brings a feeling of freshness and renewal to life and daily activities.
- It's very uplifting and inspiring.
- It's excellent if we have a strong creative bent and need to find a new direction or complete old projects.
- Useful Affirmation: *'Each day I remind myself to focus on simply feeling good!'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to

Morningstar Essences: <http://morningstar.netfirms.com/fruit.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.