

# Chrysanthemum

A New Dawn



- ☒ Helps to create harmony between those with differing ideas.
- ☒ This is the flower of hope; for when we're feeling helpless and depressed – as if the sun is going down on our life.
- ☒ Helpful at a mid-life crisis, this essence brings a new dawn, full of promise and vigour.
- ☒ It reminds us of our ripeness, so we feel full of potential.
- ☒ It's useful when we have a fear of ageing and mortality; when we identify with youth and our personality rather than our soul.
- ☒ This essence encourages us to find our identity in our spiritual self which is immortal.
- ☒ This is partly why we give chrysanthemums to mark someone's transition from the physical to the spiritual.
- ☒ If we lose the sense of our immortality, or we give too much importance to this specific lifetime, we will fear and avoid physical death. In this state we may try to establish our personality in the world as a defence against death and mortality. We may seek fame and fortune and fall too deeply into the forces of materialism. Our spirit may try to make its presence known through a strong awareness crisis, a life-threatening illness, or through death itself. This essence enables us to contact our true spirit, and to see the impermanent nature of earthly matters from the perspective of our Higher Self.
- ☒ Physically it balances the energetic blueprint for the liver and kidneys.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to Crystal Herbs: [http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

and the '[Flower Essence Repertory](#)', by Patricia Kaminsky and Richard Katz

Photo by Nikki Wyatt

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.