

Clear Quartz

Deep Soul Cleansing

Remembering Who We Really Are



- ☒ Clear quartz works on all levels of our being. Quartz carries the ideal blueprint for humanity and the planet. Light flows through quartz in a similar way to our own DNA, reminding us of our original crystalline structure.
- ☒ It dissolves karmic patterns at their point of origin.
- ☒ It connects creativity and emotional sensitivity to infuse creative expression with feeling.
- ☒ It brings balance to polarised emotions.
- ☒ It impacts the solar plexus, brow and crown chakras, increasing meditative and visionary abilities.
- ☒ It increases concentration, enhances psychic abilities and clarifies our soul purpose.
- ☒ Quartz balances, assimilates, stores and transmits energy and releases blocks with ease.
- ☒ It promotes deep spiritual release and greatly increases our biomagnetic field.
- ☒ It helps us to remember who we really are, without our karmic and personality patterns.
- ☒ It is able to powerfully amplify healing energy, to bring us back into balance.
- ☒ It returns our energetic blueprint to its original state, before current imbalances set in.
- ☒ It connects the mind with the physical body, connecting us more easily to nature's energies.
- ☒ Useful Affirmation: *'I integrate all aspects of myself to come back to my original blueprint'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Healing blend:

<http://www.spiritoftransformation.com/karmicessences1.htm#karmichealing>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Crystal Bible by Judy Hall <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Photo courtesy of Caroline O'Hagan <http://www.flickr.com/photos/cazohagan/2327598705/>

Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.