

Cleaver

Healthy Detachment

Releasing Drama, Embracing Fun



- ❓ This essence works with the issue of how we deal with our emotional needs. It helps to release patterns of emotional control or possessiveness, bringing a healthy freedom from attachment.
- ❓ It addresses a pattern of using guilt-inducing behaviour – whether that's conscious or unconscious – to get our needs met. This pattern needs clearing on both sides, so it offers an opportunity for mutual growth. The other person has to let go of guilt and on our side we have to release them of supposed emotional duties and move on to new experiences.
- ❓ This essence is also useful for relationships when – consciously or unconsciously – we get into a co-dependent struggle because we can't be open about our true needs or perhaps even accept them ourselves. Only when we do that can we look for ways we might be able to fulfil them for ourselves, which is what will enable us to grow.
- ❓ As we take this essence Cleaver is able to offer insight and self-acceptance, which releases tension and any tendency to manipulate; renewing interest in what the world may have to offer and increasing self-empowerment.
- ❓ Cleaver takes the focus off emotional drama and onto the possibility of wonder, growth and fun.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Scorpio - Pluto blend:

<http://www.spiritoftransformation.com/planetaryessences.htm#scorpio>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Hummingbird Remedies: http://www.druidlabs.com/hbr/flowers_c.html

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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