

Cowslip

Joyful Simplicity – Comforting and Uplifting



- ☒ Helps children better understand relationship and environment problems.
- ☒ Also helps parents understand children.
- ☒ This essence strengthens the solar plexus chakra and comforts and uplifts the emotions.
- ☒ Good for when you are feeling vulnerable, when life feels too complicated and when it's hard to receive love from others.
- ☒ Cowslip is a joyful essence bringing back a feeling of being nurtured and the enjoyment of the simple pleasures in life.
- ☒ It is for when life seems far too complicated as it brings clarity to a situation. For feeling safe enough to play and enjoy yourself.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks, With acknowledgement and thanks for this information to:

Aziz Shamanism: <http://www.azizshamanism.com/essences.html>

and Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Photo by Nikki Wyatt

Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.