

Cucumber

Understanding and Releasing Negative Patterns



- ☒ Cucumber is for when we have a tendency to get ourselves into "a pickle" repeatedly.
- ☒ It helps us to examine what thoughts and actions of ours is causing us to attract difficult situations so frequently and then to release those thoughts and behaviours.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to: Morningstar Essences: <http://morningstar.netfirms.com/veg.html>

Photo by John Wright

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.