

Daisy

*Spiritual Clarity, Inner Knowing,
Healing Heartbreak*



- ☒ This essence brings clarity to scattered thoughts, focusing us on our most trustworthy source of information - our wise inner knowing.
- ☒ It helps you connect to your true feelings on any subject, but particularly spirituality.
- ☒ It calms and balances us when we're trying out a lot of different spiritual approaches but we can't find one which feels right for us.
- ☒ Daisy brings spiritual insight to our emotions and increases humility.
- ☒ Daisy helps us dissolve the scars in our hearts where we have suffered pain and loss so that we can open up to simple, tender love.
- ☒ It helps us heal our emotional wounds, enabling us to once more trust our hearts.
- ☒ This essence helps focus our healing energy, beginning with our own self-healing process.
- ☒ From a whole and healed heart we are then free to love again; boundlessly and unconditionally.
- ☒ This essence works with the chakra point located where our breastbones meet below the throat.
- ☒ Useful Affirmation: *'I breathe deeply, coming back to my own source of knowing and self-healing'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

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Whole Energy Essences: <http://www.essences.com/vibration/sep99/daisy.html>

and the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.