Devil's Claw
Integrating Our Shadow
Accepting and Expressing our True Self

- This essence raises our awareness of our own integrity.
- It helps us find our true identity and express ourselves authentically.
- It's useful if we are trying to live up to visions others hold for us, rather than find our own path.
- It brings manipulative patterns into awareness such as using charm, to gain control and approval.
- It helps us distinguish between our own vision and what other people are reflecting to us.
- It helps us to see when we're in transference with others and to notice when we're complying and people-pleasing to win approval.
- It encourages us to use our gifts to motivate and support others.
- It enhances our ability to express ourselves easily and genuinely.
- It enables us to give unconditionally without an agenda or expectation.
- It helps us accept and integrate our shadow in the spirit of self-compassion.
- It enables us to feel comfortable in our skin, to accept ourselves as we really are.
- Useful Affirmation: 'I'm comfortable expressing who I really am'

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Free Your True Self blend:
http://www.spiritoftransformation.com/transformationsessences.htm#freeyourtrueself

Acknowledgement and Thanks  With acknowledgement and thanks for this information to:

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.