# Diamond Essence

*Clearing and Cleansing*

- Diamond is a powerfully transformative essence.
- It works in the crown, brow and sacral chakras.
- There is a total cleansing of the major meridians.
- It helps to increase our sense of self worth and reduces worry.
- It brings clarity to our thoughts.
- It releases deep patterns of resistance which can interfere with the effect vibrational healing.
- Diamond helps release negative patterning to allow an increase in life force, energy levels and engagement with the present moment.
- It can increase sexual desire.
- It is particularly effective when used by those who work with intuitive healing, as diamond has a very powerful attraction for feminine energy.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements**: http://www.spiritoftransformation.com/Attunements.htm

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Gurudas Essence Books: http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.