

Dill

Objectivity and Balance



- ☒ This essence brings our emotional and etheric bodies back into balance.
- ☒ When we cannot express ourselves clearly or we have a strong pattern of impatience, for example, this can show up as symptoms on the physical level.
- ☒ Dill essence is very helpful if we have a tendency to dwell on the ageing or dying process. If we often feel melancholy, suffer from strong mood swings or have a strong inner critic Dill can be of huge support. It allows us to step back from our involvement in the current situation so that we can consider our options from a higher perspective.
- ☒ Dill essence encourages us to look at the bigger picture from a more long-term view which opens us to fresh inspiration.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

and the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.