

Elderflower

Trust, Security – Celebrating Friendship and Community



- ☒ Helps development of inner security and trust that all our needs will be provided for.
- ☒ It encourages exuberant celebration.
- ☒ Good when we're feeling unsociable, or out of touch with family or friends.
- ☒ Elderflower encourages us to nourish our friendships and celebrate community.
- ☒ It brings illumination at times of darkness
- ☒ Elderflower reminds us to take the opportunity to come together and have fun, add some sparkle to life.
- ☒ An essence which celebrates the great Celtic festivals of the Earth.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Wild Medicine: <http://www.wildmedicine.co.uk/productdetails/id/26/>

Sparkling Lotus: <http://www.sparklinglotusink.com/elderflower1.html>

Photo by Dan Champion

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.