

Fire Agate

Balancing Fire Energy

Safety in Creative and Sexual Expression



- ☒ Fire agate essence is useful if you're consciously searching for enlightenment and live with great awareness but you may have become too detached from your feelings.
- ☒ It stabilises, centres and aligns you so that you're able to get easily into the flow.
- ☒ This is a useful essence used during meditation or any inward practice to help show you the bigger picture and suggest practical solutions to problems.
- ☒ Since it brings your emotional and spiritual bodies into alignment you're able to make better decisions based on true guidance.
- ☒ Fire agate connects you deeply to the Earth which brings a sense of security, releasing fear.
- ☒ Fear takes you away from your centre so this is an excellent essence to use in challenging times.
- ☒ It can help to eliminate unhealthy compulsions and tendencies to excess.
- ☒ It can help to rebalance sexual desire or creative fire, tempering or rekindling it as necessary.
- ☒ It can reduce excess yang, masculine energy.
- ☒ It is a powerful catalyst when used with colour therapy or flower essences .
- ☒ It works strongly in the heart and sacral chakras.
- ☒ Useful Affirmation: *'I feel safe to express my creativity and desire in a balanced way. I'm in touch with my true feelings and inner wisdom'.*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks With acknowledgement and thanks for this information to

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Crystal Bible by Judy Hall <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Photo courtesy of Jessica Dow: <http://www.flickr.com/photos/jessa1155/3218976044/>
Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.