

Fluorite

Focus and Protection



- ☒ States indicating this essence are anxiety, sexual frustration and hyperkinetic behaviour.
- ☒ Fluorite can rekindle sexual libido.
- ☒ There is a strengthening of the ability to see higher levels of reality.
- ☒ Fluorite is highly protective and helps us to see when outside influences are at work within ourselves, allowing us to shut off psychic and mental manipulation.
- ☒ It cleanses and stabilises the aura.
- ☒ It's particularly effective against computer and electromagnetic stress.
- ☒ It helps us to ground and integrate spiritual energies, to overcome chaos and to become more organised, bringing structure into our daily life.
- ☒ It encourages us to be more impartial, more aware of higher spiritual realities and can speed up our spiritual awakening.
- ☒ It improves mental and physical coordination, helping us to focus.
- ☒ In relationship it teaches us the importance of balance.
- ☒ It helps us understand the effect of the mind and emotions on the body.
- ☒ It also brings stability to groups and brings them together in a common purpose.
- ☒ It dissolves fixed ideas and narrow-mindedness, so we can see the bigger picture, as well as dissolving illusion so truth is revealed.
- ☒ It's an excellent aid to learning as it allows us to concentrate and to process and organise information quickly.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Stability, Clarity and Protection blend:

<http://www.spiritoftransformation.com/transformationessences.htm#stability>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Judy Hall's *The Crystal Bible*: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.