

Forsythia

An Expanded Spiritual Perspective



- ☒ Helps to understand bereavement from a higher perspective.
- ☒ It is also very useful for reducing sugar intake.
- ☒ Forsythia allows us open up to our spiritual nature, bringing joy and a sense of freedom.
- ☒ It motivates us to transform old patterns, habits of thought and behaviour and compulsions
- ☒ It is a complex essence as it covers a set of inter related properties.
- ☒ First of all it helps us to get rid of old outgrown ideas and concepts that would otherwise get in the way of our further development. It's as if it squeezes us through a narrow tube, expelling anything that we no longer need. Such an experience may not be pleasant, yet it may be necessary for our further growth and development.
- ☒ Secondly it encourages us to open up to the spiritual reality which our logical left brain may have been steadily opposing. Our logical nature likes to be in control, and in the realm of the spiritual it has to take a back seat to our intuitive side. This obviously generates fears and anxieties which Forsythia can reduce.
- ☒ Finally we learn to appreciate that there are many different realities in the spiritual dimension. This prevents us from developing a narrow dogmatic viewpoint where once again the logical mind tries to take over and so become a self-styled 'expert' in spiritual matters. Forsythia essence encourages us to keep an open and non-dogmatic mind.
- ☒ A useful affirmation is: *'There is an abundance of energy. I choose how to make use of it'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

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Pacific Flower Essences: <http://www.essencesonline.com/Pacific-flowers.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.