

Green Calcite

Emotional Balance, Self-Belief and Manifestation



- ☒ Calcite is a world teacher for all humanity. It helps to open our Stellar Gateway chakra as well as clearing and activating our heart chakra. It's strongly recommended for those in the healing professions.
- ☒ Calcite helps to facilitate 'being', which in turn connects us to a deep sense of knowing. It can alter the way we perceive reality, and will work with us gently over time. Calcite will bring insight into the patterns that we need to dissolve in order to just 'be'.
- ☒ Its energy is soft and healing. Its soothing qualities are helpful in releasing fears based on limiting beliefs.
- ☒ It also helps when we have lost hope or motivation, strengthening our self-belief and the ability to overcome setbacks. Good if we feel that there is no point in formulating fresh goals.
- ☒ It challenges laziness, raising our energy levels and promoting joy.
- ☒ It also helps to release any stagnant energy and mental rigidity, which can prevent us from opening to new beliefs and realities, thus allowing us to let go that which no longer serves us.
- ☒ Green calcite also releases an excess of red energy such as anger or over-excitement.
- ☒ All calcites are emotionally balancing, alleviating fear and reducing stress. Green calcite connects emotions with the intellect, creating emotional intelligence. It helps feelings of emotional confinement.
- ☒ A useful metaphysical stone, Calcite increases and amplifies energy, speeding up development and growth. Helps the mind and body remember and supports multi-directional energy distribution.
- ☒ It can also be helpful in astral travel and in channelling, as well as with increasing intuition; it enables us to remember experiences when our soul returns to the body.
- ☒ Calcite is a protecting, purifying, grounding and centring stone, and can help bring inner peace.
- ☒ It also increases creativity, imagination, and prosperity, manifestation and abundance.
- ☒ It calms the mind, teaching discernment and analysis, stimulating insight and boosting memory. Excellent stone when studying the arts and science.
- ☒ It also enables us to move ideas into action.
- ☒ Calcite is also a stone of spirituality, wisdom and reconciliation.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.