

Ivy

Co-Operation and Power Sharing



- ☒ This essence increases awareness of your true feelings and needs.
- ☒ It works on the heart chakra, resolving inner conflict and encouraging cooperation and closeness in groups.
- ☒ It supports you in releasing clingy people and situations by helping you see what within you first attracted that person or circumstance.
- ☒ It helps attract compatible partners for mutually beneficial ventures.
- ☒ It supports in sharing power as well as duties and responsibilities.
- ☒ It brings buried fears and concerns into awareness.
- ☒ It encourages tolerance, resilience and commitment.
- ☒ It connects us to Mother Earth.
- ☒ Useful Affirmation: *'I release old co-dependent ties and create inter-dependent relationships'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Morningstar Essences: <http://morningstar.netfirms.com/celtictrees.html>

and Green Man Essences: <http://www.greenmantrees.demon.co.uk/tree.html>

Photo by Nikki Wyatt

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.