

Malachite

*Stimulates Empathy, Love and Healing Gifts
Protects, Restores, Opens and Cleanses*



- ☒ This essence encourages compassionate giving and increases our healing abilities.
- ☒ It also helps to rebalance a tendency to overgive, especially if we work in the caring professions and are depleted from helping others.
- ☒ It allows us to express ourselves more easily and helps us to release conditioning, old beliefs and attachments that may be keeping us stuck or living a restricted life. It encourages us to take risks and be more adventurous.
- ☒ It opens the heart chakra to express unconditional love and greater empathy with others.
- ☒ It balances the solar plexus chakra, releasing old emotional hurts we've buried in the past and encouraging us to breathe deeply again.
- ☒ It helps if we are timid and encourages us to form new relationships.
- ☒ It intensifies our feelings and can promote vivid dreams.
- ☒ It's cleansing and protective if we live or work in areas of electromagnetic pollution.
- ☒ It helps to resolve difficult sexual experiences, particularly those originating in past lives.
- ☒ It balances the right and left brain, bringing greater mental clarity and enabling us to take in and process more information.
- ☒ It supports meditation, shamanic journeying and any impulse to explore our inner worlds.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Speaking Your Truth blend:
<http://www.spiritoftransformation.com/transformationessences.htm#speakyourtruth>

Acknowledgement and Thanks With acknowledgement and thanks for this information to :
Crystal Herbs: http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT_ID=82

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

The Crystal Bible by Judy Hall <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Photo by Nikki Wyatt

Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.