

Mango

From Co-Dependency to Unconditional Love Opening to Loving Expression and Spiritual Awareness



- ☒ This essence was one of the most popular fruits in Lemuria. It is an excellent general balancer which energises and cleanses all physical energy pathways, so it's useful taken alongside any therapy which works with the meridians, such as acupuncture or EFT.
- ☒ It stimulates and aligns the heart and throat, opening us to unconditional love and a sense of oneness and caring for humanity and the earth.
- ☒ It aligns and energises the pineal gland and the tenth and twelfth chakras, increasing telepathic abilities and spiritual awareness.
- ☒ Mango is effective when we find it hard to express loving feelings, as it opens and aligns the heart and throat chakras so we can speak what's in our heart.
- ☒ It enables us to differentiate between feelings of co-dependency which may masquerade as love but come from feeling we are 'not enough' without the other person and true unconditional love with no expectations or ties.
- ☒ Useful Affirmation: *'I open my heart to love, compassion and greater spiritual awareness'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:
South African Flower Essences: http://safloweressences.co.za/Mango_Essence.html

The Gurudas Flower Essence Book: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.