

Mugwort

Supporting Psychic Development Insight and Self-Responsibility



- ☒ Mugwort helps us enter relax deeply.
- ☒ Using it opens certain faculties such as telepathy. It's good for psychic development.
- ☒ It helps us understand dreams and symbols in greater depth, bringing insights into our daily life.
- ☒ It helps us transition from sleep to a waking state, connecting us to the Earth in a practical way.
- ☒ It gently opens us to our vision and soul purpose.
- ☒ It protects us from misqualified energies.
- ☒ It is a general tonic for all the subtle bodies.
- ☒ When we feel frustrated or that life is against us we would benefit from taking Mugwort.
- ☒ It also helps to release any attention seeking behaviour such as when we create dramas in our lives in order to gain sympathy and attention from others.
- ☒ Useful Affirmation: '*I attract attention in positive, constructive ways!*'

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81,

Ananda Apothecary: <http://www.anandaapothecary.com/fes-north-american-flower-essences/mugwort-flower-essence.html>

Morningstar Essences: <http://morningstar.netfirms.com/flower2.html>

and the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.