

Nettle

Patience, Warmth and Resilience



- ☒ Eases all stress related to a broken home.
- ☒ This essence is good for adopted children, parents who have adopted children and divorced people.
- ☒ Sibling rivalries and other problems in an existing family unit can be eased with nettle.
- ☒ It eases cold, angry states when we feel apart from others due to feeling frequently 'stung'.
- ☒ Brings back warmth and passion.
- ☒ It increases our willpower and resilience.
- ☒ It helps us develop patience
- ☒ It's useful in overcoming unwanted habits.
- ☒ Good for when we blow hot and cold.
- ☒ Creates a state of calm in the emotional and etheric bodies.
- ☒ Physically, it acts as a tonic on the lungs, kidneys and nervous system and is very helpful for asthma.
- ☒ Helps mineral and vitamin absorption.
- ☒ Test point is the kidneys.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

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