

Nettle

Patience, Warmth and Resilience



- Eases all stress related to a broken home.
- This essence is good for adopted children, parents who have adopted children and divorced people.
- Sibling rivalries and other problems in an existing family unit can be eased with nettle.
- It eases cold, angry states when we feel apart from others due to feeling frequently 'stung'.
- It brings back warmth and passion.
- It increases our willpower and resilience.
- It helps us develop patience
- It's useful in overcoming unwanted habits.
- Good for when we blow hot and cold.
- Creates a state of calm in the emotional and etheric bodies.
- Test point is the kidneys.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

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Photo by Nikki Wyatt

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.