

Pennyroyal

*Powerful Protection, Strength and Detoxification
Releases Fight/Flight Response, Bringing Relaxation*



- ◆ It works in the solar plexus chakra protecting us from negative thought forms and psychic attack.
- ◆ It's useful for relieving obsession or compulsion, bringing clarity and positivity, easing confusion
- ◆ It encourages hard workers to rest and take a vacation.
- ◆ It helps to ground energy and bring in unconditional love.
- ◆ It's a powerful purifier, strengthening the etheric body and repairing holes in the aura.
- ◆ It energises the emotional body and develops the ability of apportionation.
- ◆ This flower essence is especially helpful when you're just beginning your healing journey; it helps you to feel and think much younger; it helps strengthen your feminine side; it helps men who were socialised to take a macho approach to life to get in touch with their feminine attributes.
- ◆ Pennyroyal helps strengthen sensitivity to timing, so you know intuitively the most productive time to do something.
- ◆ It balances the magnetic, electric, electro-magnetic systems including the meridians.
- ◆ Like a fierce dragon tamer, pennyroyal sets up a sphere with spiked points protecting you from psychic danger, be it internal or external. After the danger is gone, although still alert, pennyroyal softens to bring you the sweetness of a summer day.
- ◆ Useful Affirmation: *'I have the strength to stand firmly in the centre of whatever may assail me and the wisdom to perceive when danger has passed. I reject all negativity. I detach from this situation or person.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Cancer-Moon blend:

<http://www.spiritoftransformation.com/planetaryessences.htm#cancer>

This essence is part of the Spirit of Transformation Stability, Clarity and Protection blend:

<http://www.spiritoftransformation.com/transformationessences.htm#stability>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74 &Req=prodtype.asp?PT_ID=81

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Tree Frog Farm: <http://www.treefrogfarm.com/store/index.php?act=viewProd&productId=48>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.