

## Petrified Wood

### *Releasing Past Life Memories*



- ☒ This essence can facilitate access to past life memories.
- ☒ This can be particularly effective if taken when meditating, during creative visualisations or when undertaking past life regression.
- ☒ Its immense age and its role in storing past events is an indication of its therapeutic properties.
- ☒ This essence helps to open the heart chakra to release past memories which may have been suppressed both in this life and past lives, as well as those in our ancestral line.
- ☒ It helps us to dissolve hardened and fixed patterns which may have been passed down to us or carried through many lifetimes.
- ☒ It can help to soften previously inflexible attitudes.
- ☒ Useful Affirmation: *'I easily access and integrate the past, finding strength and wisdom which I bring to the present'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Past Life blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#pastlife>

#### **Acknowledgement and Thanks**

With acknowledgement and thanks for this information to:

Crystal Herbs: [http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=82](http://www.crystalherbs.com/shop/afrack.asp?ID=74&Req=prodtype.asp?PT_ID=82)

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading> .

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.