

Petunia - Courageous Dreaming



Used in shamanic rituals in South America, Petunia brings deep insight into spiritual states and is the dreamer's essence. It enhances inspiration and creativity, allowing the realisation of dreams and making anything possible. A sense of wonder and inner optimism at the possibilities of the future are encouraged.

- ☒ It is an especially good essence for children, the elderly and for overly logical individuals
- ☒ Petunia is an anti-depressant and calms hyperactive children
- ☒ It gives us the added spiritual courage and ability to face certain blocks and denials within us which will yield insight into the source of depression.
- ☒ Petunia stimulates the mental body, bringing clarity and enabling us to focus on what is really important.
- ☒ Psychologically it eases nervous tensions. It relieves stuttering and helps public speakers.
- ☒ Energetically it helps re-establish proper psychological behavioural patterns by bringing in the activities of the Higher Self.
- ☒ The heart meridian is rebalanced where there is insecurity related to new experiences which break or re-define old boundaries.
- ☒ Emotionally, suppressed feelings release smoothly, increasing peacefulness.
- ☒ Physically it releases muscle tensions and is a mild aphrodisiac, increasing blood flow to specific parts of the body.
- ☒ Petunia works primarily on the heart, helping to activate and energise the area of the physical heart, lungs and chest.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81, and

the Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

Photo by Nikki Wyatt

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