Petunia - Courageous Dreaming

Used in shamanic rituals in South America, Petunia brings deep insight into spiritual states and is the dreamer's essence. It enhances inspiration and creativity, allowing the realisation of dreams and making anything possible. A sense of wonder and inner optimism at the possibilities of the future are encouraged.

- It is an especially good essence for children, the elderly and for overly logical individuals
- Petunia uplifts low spirits and can calm overactive behaviour.
- It gives us the added spiritual courage and ability to face certain blocks and denials within us which will yield insight into the source of depression.
- Petunia stimulates the mental body, bringing clarity and enabling us to focus on what is really important.
- It eases nervous tensions. It relieves stuttering and helps public speakers.
- Energetically it helps re-establish proper psychological behavioural patterns by bringing in the activities of the higher self.
- The heart meridian is rebalanced where there is insecurity related to new experiences which break or re-define old boundaries.
- Emotionally, suppressed feelings release smoothly, increasing peacefulness.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81,and

the Gurudas Essence Books:http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading

Photo by Nikki Wyatt

Copyright: Nikki Wyatt, Spirit of Transformation. All rights reserved.

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.