

## Pink Fuchsia

### *Releasing Karmic Grief and Deep Past Hurt Opening To Unconditional Love and Self-Nurture*



- ☒ This essence is helpful when we are easily moved to tears or anger but are not in touch with the original source of the emotion such as grief or fear, whether karmic or from this life. We may also have a lot of physical symptoms as our body tries to express what we are suppressing and bring our attention to it.
- ☒ Fuschia brings suppressed emotions into our awareness, feelings that we've felt unable to cope with in the past, but which need release to enable us to be authentic in our emotional responses.
- ☒ It works in the heart chakra, helping us integrate grief, loss, rejection and abandonment.
- ☒ It clarifies our soul purpose and encourages us to care for and nourish ourselves.
- ☒ It cleanses the heart chakra to allow a greater flow of unconditional love for ourselves and others.
- ☒ Useful Affirmation: *'I allow my heart to open. I trust it to express my feelings deeply and truthfully without limitations. I release past hurt, allowing love to heal and flow through me.'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Karmic Grief blend:**  
<http://www.spiritoftransformation.com/karmicessences1.htm#karmicgrief>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: [http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

Ananda Apotecary: <http://www.anandaapothecary.com/fes-north-american-flower-essences/fuchsia-flower-essence.html>

Power of Flowers: [http://www.ishalerner.com/home/is2/page\\_115](http://www.ishalerner.com/home/is2/page_115)

South African Flower Essences: [http://safloweressences.co.za/Fuchsia\\_Essence.html](http://safloweressences.co.za/Fuchsia_Essence.html)

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.