

# Saguaro

## *Being At Ease With Your Own Authority Perseverance, Maturity and Belonging*



- ☒ It removes confusion from the mental body and promotes clarity of thought.
- ☒ It balances difficulties associated with the father image.
- ☒ Saguaro essence helps to relieve tension in the mental body that could lead to memory lapses.
- ☒ It generates more self-confidence and a sense of stability.
- ☒ It helps where there is conflict with authority figures, inner or outer power struggles or a tendency to overreact to outside authority during transitions when we are seeking a deeper self-identity.
- ☒ It's excellent when we have a sense of separateness or alienation.
- ☒ It raises awareness of the ancient and sacred, of our tradition or lineage, bringing an ability to learn from elders.
- ☒ Saguaro helps us in times of self-doubt to know and trust our inner wisdom and authority.
- ☒ When we may want to give up, it restores the will to live, to heal and to be the best that we are.
- ☒ It assists us in accessing the perfect inner father who supports and encourages us in life.
- ☒ Very supportive when we give up easily and aren't living up to our abilities and talents.
- ☒ It's also good when we lack flexibility in our outlook and tend to be impatient, irritable or restless.
- ☒ It helps us to persevere in challenging times, to open our awareness and to become mature people who act wisely when given authority.
- ☒ It encourages us to stand by our truths.
- ☒ It stirs passion, sensuality, creativity, and abundance on all levels.
- ☒ Useful Affirmation: *' I step into my authority with confidence and self-reliance. I fulfil my karmic potential with a sense of continuity, openness and willingness to learn and change'*.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Confidence and Trust blend:**

<http://www.spiritoftransformation.com/planetaryessences.htm#confidence>

**This essence is part of the Spirit of Transformation Taurus-Earth/Venus blend:**

<http://www.spiritoftransformation.com/planetaryessences.htm#taurus>

**This essence is part of the Spirit of Transformation Free Your True Self blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#freeyourtrueself>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Anada Apothecary: <http://www.anadaapothecary.com/fes-north-american-flower-essences/saguaro-flower-essence.html>

Desert Alchemy: <http://www.desert-alchemy.com/txt/ie/sagu.html>

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.