

Snapdragon

Releasing Suppressed Anger

Balancing our Centres of Sexuality and Communication



- ☒ This flower was developed in early Lemuria to develop speech and the formation of the larynx, which was previously associated with telepathy.
- ☒ Helps mental irritation and inability to express our feelings.
- ☒ This essence improves logic and helps speech.
- ☒ Can be associated with unresolved problems with our parents.
- ☒ There can be a real release of suppressed emotions, which can include rage and screaming.
- ☒ When we need Snapdragon flower essence type we possess a strong physical presence. We're highly energetic, with powerful wills and libidos. In some cases, these energies are so pronounced that they may override the other chakras of the body. In other instances, these forces may have been culturally repressed, causing the energy to be improperly released elsewhere in the body. With both these patterns of imbalance, we can misdirect digestive and sexual forces which rightly belong in the lower energy centres, distorting them through expression in the communication centre. The spoken word can be misused in a harsh or destructive way, with the tendency towards biting sarcasm or lashing criticism. There can be extreme tension in the jaw and mouth, grinding of the teeth, or the need to eat foods which provide continuous crunching, and chewing. Snapdragon essence helps us to re-direct our powerful metabolic and sexual energy into its rightful channels.
- ☒ At its deepest level, Snapdragon essence helps the soul distinguish between its use of creative forces-especially those in the lower energy centres, and those used for speech. By harmonising the relationship between these energy centres, the soul evolves in its use of creative power.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

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Photo by Nikki Wyatt

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.