

## Sweet Pea

### *Becoming Present – Finding a Sense of Belonging*



- ☒ Sweet Pea creates a sense of social responsibility.
- ☒ We experience the present and therefore develop a social commitment to life.
- ☒ If we are always daydreaming, being in the present can be a difficult process. Sweet Pea draws us out of our fantasies.
- ☒ This essence is invaluable in overcrowded living conditions such as cities.
- ☒ It creates emotional stability because it calms the emotional body and allows for inspiration.
- ☒ It's helpful for those who are lonely, who don't know where they belong, who are always searching, never becoming involved, always moving around.
- ☒ Useful when there is little sense of belonging to the Earth.
- ☒ Sweet Pea allows us to bond and form a connection with our community.
- ☒ Useful Affirmation: *'I become present and commit to a joyful life. I settle and connect with others.'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click for Attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Aquarius-Uranus blend:**

<http://www.spiritoftransformation.com/planetaryessences.htm#aquarius>

**This essence is part of the Spirit of Transformation Karmic Loneliness blend:**

<http://www.spiritoftransformation.com/karmicessences1.htm#karmicloueliness>

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.