

Zinnia

Restoring Humour and Playfulness



- ☒ This remedy teaches people that laughter is a superior form of medicine.
- ☒ Zinnia releases bitterness and restores humour by uplifting the person's outlook on life.
- ☒ It aligns the etheric and emotional bodies which is partly the source of humour.
- ☒ Useful for agitated, depressed or hypersensitive individuals who need to laugh.
- ☒ Gets people in touch with their childlike properties.
- ☒ Many adults have problems communicating with children because they do not relate to their child-like nature.
- ☒ Zinnia can also be applied for marital problems, parental image troubles, and unfulfilled parental or maternal instincts.
- ☒ It alleviates general tensions in the system.
- ☒ It is good when we have been overworking and become over-serious or too intense
- ☒ Stimulates the heart and abdominal chakras.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Attunements: <http://www.spiritoftransformation.com/Attunements.htm>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.