

Healing with Nikki Wyatt's Essence Consultations

My 8 year old son has wet the bed sporadically since he was out of nappies. In the early years this might have been 1-3 times a night and sometimes not at all. In later years it was only once or twice a week and only ever upon waking in the mornings. While we've never made a big deal about it (aside from the occasional frustration tantrum at having to wash the sheets AGAIN!), it was beginning to become an issue for him since he sometimes stays over at friends' houses now.

I met Nikki some time ago now and have used her essences for my own personal development. I took my son for a consultation and he was quite happy to talk to her in the hope that she might be able to give him some flower essences to help him stop wetting the bed. To be honest, I wasn't really sure how much it would help, but thought it was a good idea to try and that it would be great for him to have a space where he could talk about it with someone else.

Nikki was brilliant with him, putting him at ease and having a laugh. She explained how the essences work and encouraged him to talk about how things are for him in many areas of his life. She talked to him as the intelligent equal he is. Then she asked him to pick some flowers or trees from her picture cards and used this instinctive wisdom together with her own professional experience and intuition to make up a remedy for him. She stated with confidence that she didn't feel it would take long for him to stop wetting.

My son started taking the drops as instructed and quickly began wetting the bed a lot again: almost every night and sometimes twice a night. Something was definitely shifting in him and I knew this was a good sign despite some surface doubts and frustrations on my part. With many natural remedies and therapies, things often get worse before they get better. Within a few weeks the wetting stopped – and my son continued to remain completely dry. It is now several months later and every night has been dry. I knew quite quickly once he stopped that it was sorted for good and I soon had the confidence to remove the waterproof sheet from his bed. Now his bed is more comfortable for him and he sleeps peacefully and stays over with friends knowing that he will always be dry in the morning. Brilliant! Although I felt the flower essences could help in some way, I didn't expect such complete healing to take place so quickly and easily.

Nikki has a wise and warm professional nature and an inspiring passion for her work. I'm sure the essences acted on deeper levels for my son than just the physical level and their effects have certainly helped him feel better about himself and his life. I'm confident and reassured that he will trust Nikki's healing wisdom again if he wants some help with anything else. What a wonderful resource to have for my child as well as myself.

Thank you Nikki.