

Angelica

Supporting Mind -Body Connection For Angelic Support



- ☒ This essence is excellent when we're feeling apathetic, confused or under-confident.
- ☒ It helps to connect different aspects of our personality so that we feel more integrated and coherent.
- ☒ It's useful to use when doing inner work such as therapy or meditation as it aligns all the subtle bodies, allowing access to higher guidance which offers insight into where our issues stem from.
- ☒ It strengthens the mind-body link, enhancing our ability to influence our body with our mind. This makes it a very useful support in any mind-body work such as EFT or similar therapy. As it helps co-ordination and balance, it's also excellent for sporting activities and dance.
- ☒ It has a strong connection to the angelic realms and you can use it to consciously increase your access to these dimensions by focusing on feelings of gratitude. You may focus on a situation or a person or an aspect of nature that you're viewing – imagine seeing it through the loving, compassionate eyes of your higher self. As your heart opens in gratitude, angels will be drawn to support you. This essence will enable you to better assimilate their frequencies into your own energy field and raise your vibration until you may experience blissful states of love and oneness.
- ☒ It attracts angelic support when you are going through deep transformative life phases, including both the birth and death of the physical body.
- ☒ It's also excellent when circumstances take an unexpected turn and you're left feeling disoriented.
- ☒ Useful Affirmation: *'My mind and body are integrated and balanced. I'm supported by angels.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Angelic Support blend:
<http://www.spiritoftransformation.com/karmicessences1.htm#angelicsupport>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

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Ananda Apothecary: <http://www.anandaapothecary.com/fes-north-american-flower-essences/angelica-flower-essence.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.