



Aventurine

*Emotional Balance, Wellbeing and Independence
Release Childhood Pain and Move On With Optimism*



Affirmation: *'I release the past and go forward with calm optimism and a deep sense of wellbeing. I'm safe, confident and balanced.'*

This essence is in the Spirit of Transformation blend:

Higher Heart/Thymus Chakra: <http://bit.ly/XL7UNt>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: <http://bit.ly/XBzFsP>

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With acknowledgement and thanks to Crystal Herbs: <http://bit.ly/18VJ1Uo>
where you may be able to order this as a single essence

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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