

Big Bear Valley Woollypod

Releasing Fear of Power

Stepping into Your Own Power with Integrity



- ☒ This essence encourages you to release concerns over using your power. You can always ask the universe to guide you with integrity, so you have nothing to fear.
- ☒ It also helps to release the fear that expressing your true power will attract negative attention from those who may want to belittle you.
- ☒ It helps you understand that when your motivation is to empower yourself as well as others, you are guided and protected by the universe.
- ☒ This essence is very supportive for those who believe that power is 'unspiritual' and inherently bad or who fear that if they were to exercise power themselves they would do so unethically.
- ☒ It helps spiritual seekers understand that when others abuse their position it's not a true expression of power but comes from a desire to manipulate and exploit others.
- ☒ Useful Affirmation: *'I step courageously into my true power and use it according to my inner guidance.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a spiritually guided bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Power blend:

<http://www.spiritoftransformation.com/karmicessences1.htm#karmicpower>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.