

Billy Goat Plum

*Releasing Shame, Accepting our Physicality
Increasing Sexual Openness and Enjoyment*



- ☒ This essence helps release feelings of shame and disgust aimed at ourselves and our body.
- ☒ It supports us if we feel that sex is somehow unclean and we feel dirty or tainted afterwards.
- ☒ It also helps if we cannot accept other bodily features because we feel a part of us is too large, too small, too hairy and so on, as well as helping us accept physical manifestations such as spots or warts as a natural part of being human.
- ☒ It enables us to see ourselves as beautiful with all our supposed flaws.
- ☒ It encourages a more open, less inhibited attitude which brings increased sexual pleasure and enjoyment.
- ☒ Useful Affirmation: *'My body is a divine expression of who I am. I allow it to bring me joy, tenderness and ecstatic awareness of the physical world'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Divine Union blend:

<http://www.spiritoftransformation.com/transformationessences.htm#divineunion>

Acknowledgement and Thanks With acknowledgement and thanks for this information to Australian Bush Flowers: http://www.revital.co.uk/Australian_Bush_Flower_Billy_Goat_Plum

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.