## **Blackberry**

Problem Solving, Soul Gifts, Releasing Fear of Death



- This essence is very helpful in bringing insights and inspired solutions during meditation or sleep.
- Helpful when we fear death or dying or if we are in low spirits after a bereavement.
- It's comforting if we worry that a particular person is going to die.
- Gifts developed in past lives may be revealed and developed with this essence.
- It's useful for those of us who have lots of ideas but struggle to find enough will to bring them into reality, perhaps due to the perceived pain of living.
- Blackberry helps us harness power and energy, so we're able to focus on and achieve our goals without distraction.
- It helps us cut back where we have expanded in unhelpful or misguided ways. It helps us review our situation with detachment and redefine our vision, so that we can clearly release what no longer serves us or drains our energy.
- It helps to clear dark, unclear or critical thoughts that we're not doing as much as we think we should and, as a result, we tend to take on too much.
- It opens the chakra points by the armpits. This chakra helps the body take in orgone energy, which creates more vitality.
- Useful Affirmation: 'I easily release that which no longer serves me and thus I attract what does'

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Pisces-Neptune blend:

http://www.spiritoftransformation.com/planetaryessences.htm#pisces

## This essence is part of the Spirit of Transformation Soul Gifts blend:

http://www.spiritoftransformation.com/transformationessences.htm#soulgifts

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

Crystal Herbs: <a href="http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\_ID=81">http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\_ID=81</a>

Flower Essences by Gurudas: http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading and

Morningstar Essences: http://morningstar.netfirms.com/fruit.html

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.