



Black Obsidian

*Healing Our Shadow and Our Ancestral Line
Releasing Old Loves and Using Power Wisely*



Affirmation: 'I release ancestral memories and old ties. I find love and compassion for myself as I integrate my shadow. I digest life with ease. I safely embrace new adventures and personal power with joy and optimism.'

This essence is in the Spirit of Transformation blends:

Karmic Fear: <http://bit.ly/oeSI5P>

Karmic Relationships: <http://bit.ly/fgjDS6>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: <http://bit.ly/XBzFsP>

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With acknowledgement and thanks to Morningstar Essences: <http://morningstar.netfirms.com/obsidian.html> and
Crystal Herbs: <http://bit.ly/18VJ1Uo> where you may be able to order this as a single essence

N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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