

Blackthorn

Transformation in Fearful Crisis From Despair to Hope and Positive Change



- ☒ This essence brings spiritual understanding to fear when we have reached crisis point.
- ☒ Its protective and nurturing vibrations help us to release fear during sleep.
- ☒ This is a wonderful essence when we are in our 'dark night of the soul' – the real depths of despair.
- ☒ It helps us cope with unexpected change that creates a major life turning point.
- ☒ It helps us leave behind stagnant energy such as old relationships, work or habits so that we manifest something very different.
- ☒ If we have strong opinions which are conflicting with external circumstances it helps us open up to a new way of thinking. It enables us to see that it is better to be happy than 'right'.
- ☒ It allows us to face our shadow and see its projection in the world outside.
- ☒ It helps us feel safe enough to show our inner beauty, whilst feeling strong and protected.
- ☒ It strengthens circulation and helps us absorb nutrients, increasing our life force.
- ☒ It balances our emotions and encourages an attitude of positive expectation.
- ☒ It gives us strength and discernment in stressful circumstances.
- ☒ Life may feel a burden when we need Blackthorn essence. We may carry patterns of deep resentment, suppressed anger or experience outbursts of rage.
- ☒ This is an excellent essence when are unconsciously seeking support.
- ☒ Our physical body may be tense as though to give added strength to the skeletal system. This armouring can cause back problems, particularly in the lower back.
- ☒ Blackthorn helps us see that it's very positive to accept support from others and from the universe and that by receiving, we also give.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

Acknowledgement and Thanks With acknowledgement and thanks for this information to Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Aziz Shamanism: <http://www.azizshamanism.com/essences.html>

Green Man Essences; <http://www.greenmantrees.demon.co.uk/tree.html#>

Bailey Essences; http://www.baileyessences.com/cgi-bin/moreinfo_bailey.pl?BLACKTHORN-10ML

Morningstar Essences: <http://morningstar.netfirms.com/celtictrees.html>

Wild Medicine: <http://www.wildmedicine.co.uk/productdetails/id/3/cats/1/symp/>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.