

# Blushing Bride

## *Opening to Intimacy and the Divine Feminine*

### *Receiving Heart-Centred Guidance*



- This essence embodies the qualities of the divine feminine.
- It connects us to tenderness, dismantling armouring around the heart, so that we are able to open up and allow real closeness and vulnerability.
- It gives insights into the spiritual and emotional basis of problems so that they can be resolved.
- It is an excellent essence for men who find it difficult to express gentleness and vulnerability and softer feminine qualities.
- It's very helpful for women who are more comfortable expressing yang masculine energy but who find it hard to relax, open up, receive support and share from the heart.
- It helps us to connect with the innocence of our heart energy, to obtain a pure, clear connection to higher guidance, whether in our dreams or in meditation.
- It increases inspirational guidance and strengthens our intuition.
- Useful Affirmation: *'I soften and relax into the unconditional love of spirit, receiving guidance from my heart and soul'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Inner Balance blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#innerbalance>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

South African Flower Essences: [http://safloweressences.co.za/Blushing\\_Bride\\_Essence.html](http://safloweressences.co.za/Blushing_Bride_Essence.html)

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.