

# Chrysanthemum

## *Seeing Through the Illusion of Life & Death A Wake Up Call to the New Dawn That Awaits*



- ☒ This essence brings hope when we're feeling low because we think that there is nothing we can do to stop light and energy from leaving our life.
- ☒ It helps when we hit a mid-life review and lose ourselves in regret or disappointment. This essence can bring back energy, motivation and the sense of a bright future.
- ☒ It brings an awareness of the gifts of maturity; a harvest that we're now ready to bring in.
- ☒ It's an excellent essence when feel frightened to see ourselves physically ageing or facing death. It encourages us to see ourselves as more than a body or a personality but as a soul which is eternal.
- ☒ It helps us to move from the physical to the spiritual, whether that's the actual physical transition of death or an inner shift in understanding of who we really are.
- ☒ If we identify too much with the physical plane we may over-emphasise worldly success, wealth and glamour. We may forget that what we can see is only an illusion and find ourselves out of alignment with our true self. This may necessitate a 'wake-up call' to remind us of the transitory nature of our physical body and bring us back into line with our spiritual nature and soul values.
- ☒ Useful Affirmation: *'I see through the illusion of life and death with the eyes of my higher self. I look to a bright future as a joyful, eternal being with unique gifts to share'*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click here for attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Conscious Transition blend:**  
<http://www.spiritoftransformation.com/transformationessences.htm#conscioustransition>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to

Crystal Herbs: [http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\\_ID=81](http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81)

Ananda Apothecary: <http://www.anandaapothecary.com/fes-north-american-flower-essences/chrysanthemum-flower-essence.html>

New Millenium Flower essences: <http://www.nmessences.com/essences/chrysanthemum.html>

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.