

## **Essence Directory**

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## Chrysocolla

Releasing Guilt and Heartache Bringing Love, Flexibility and Inner Strength



Affirmation: 'I know when to speak and when to be silent. I'm flowing and flexible – open once more to love.'

## This essence is in the Spirit of Transformation blend:

Healing Heartbreak: http://bit.ly/hifADv

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: http://bit.ly/XBzFsP

With acknowledgement and thanks to Crystal Herbs: http://bit.ly/18VJ1Uo where you may be able to order this as a single essence

## Photo reproduced courtesy of Nikki Wyatt.

**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner. Please note, no part of information this may be copied or reproduced without prior written permission.

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