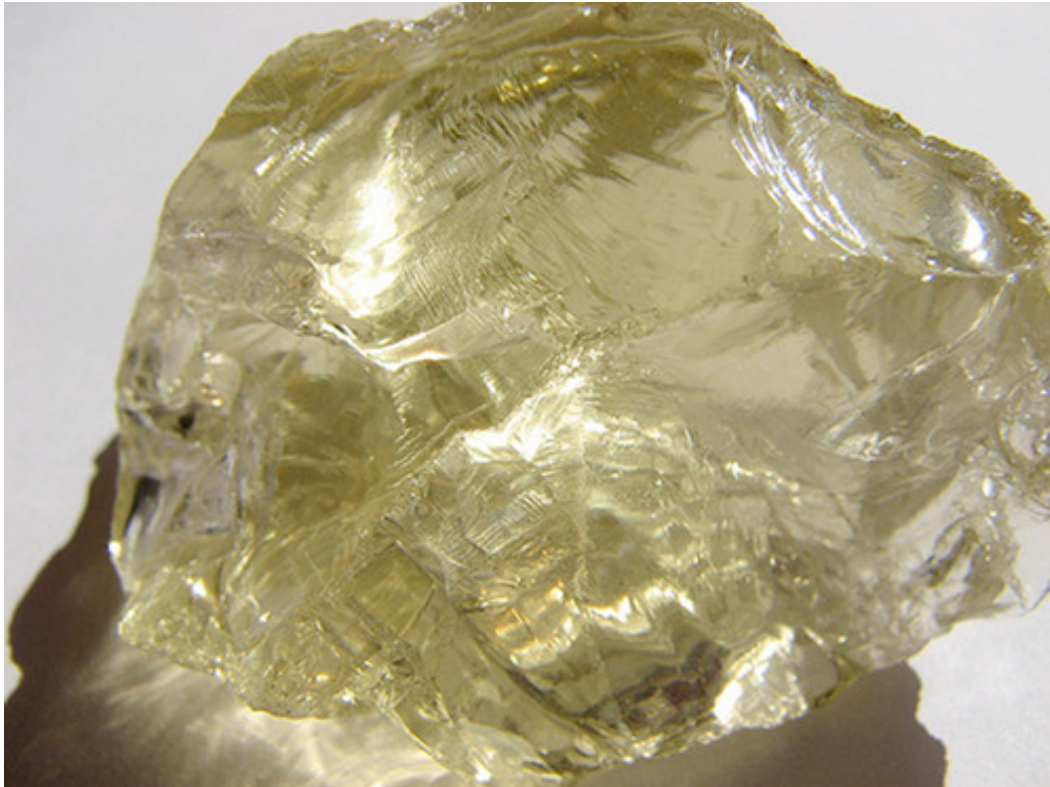




## **Citrine**

*Rejuvenation and Mental Discipline  
Releases Negative Thoughts – Brings Calm Confidence*



*Affirmation: 'I release negative thinking and embrace life with serene optimism'*

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

**This essence is in the Spirit of Transformation blend:**

**Your Divine Blueprint – Live Soulfully**

<http://www.spiritoftransformation.com/transformationessences.htm#blueprint>

With acknowledgement and thanks to Crystal Herbs: <http://bit.ly/18VJ1Uo>  
where you may be able to order this as a single essence

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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